

## **Formulary Guidelines: Lancets to be used for home blood glucose testing**

**Date approved: November 2024 Cornwall Area Prescribing  
Committee**

**Review Date: November 2027**

The purpose of this fact sheet is to provide guidance to clinicians when prescribing universal lancets to be used in finger pricking devices and safety lancets.

The universal lancets will fit into all the finger pricking devices that come with the first-line blood glucose meters listed in our local guidance. Patients who need an Accu-Chek instant meter (specifically for patients who require the carbohydrate counting App) will not be able to use universal lancets in the finger-pricking device provided, so can be changed to our first-line choice of *Gluco-Rx Lancets 0.31mm/30G* as a lancing device is provided with every box.

NHS England has created [Commissioning recommendations following the national assessment of blood glucose and ketone meters, testing strips and lancets](#). The following are approved by specialist teams across Cornwall as preferred options as per the national recommendations

## **First line choices for universal lancets to be used for home blood glucose testing**

### **Gluco-Rx Lancets 0.31mm/30G**

Lancing pen included with every box.

### **Agamatrix Comfort Twist 0.32mm/30G**

## **Second line choice for universal lancets to be used for home blood glucose testing**

### **Agamatrix Ultra-Thin 0.35mm/28G or 0.20mm/33G**

## **Safety Lancets**

Safety lancets are considerably more expensive than standard lancets; they should only be prescribed for patients who are unable to self-test and require assistance from a healthcare worker to obtain a blood sample. They should not be prescribed for patients who self-test.

## **First line choice for safety lancets**

### **Neon Verifine Safety**

Available sizes are: 28G x 1.8mm & 30G x 1.8mm

## **Second line choice for safety lancets**

### **GlucoRx Safety**

Available sizes are: 2.2mm/23G, 1.8mm/26G, 1.8mm/28G, & 1.6mm/30G

## **Further good practice points**

- All lancets are for single use only.
- Ensure patients are educated about the safe disposal of lancets and pen needles via a sharps disposal box.
- Sharpsguard yellow one litre or Sharpsafe yellow one litre are suitable for lancets and are available on FP10. Larger sizes are available if required.
- Needle clipping devices are also prescribable.
- Patients should register with the council for sharps collection via [their website](#) or by calling 0300 1234 141.

### **Version control**

<b>Version number</b>	<b>Revision date</b>	<b>Revision by</b>	<b>Nature of revisions</b>
4	November 2024		Approved by Cornwall Area Prescribing Committee
4.1	March 2025	ICB medicines optimisation team	Clarification added regarding universality of formulary choices. Prices also removed.