

Formulary Guidelines: Lancets to be used for home blood glucose testing

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Committee**

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The purpose of this fact sheet is to provide guidance to clinicians when prescribing universal lancets to be used in finger pricking devices and safety lancets.

NHS England has created [Commissioning recommendations following the national assessment of blood glucose and ketone meters, testing strips and lancets](#). The following are approved by specialist teams across Cornwall as preferred options as per the national recommendations

First line choices for universal lancets to be used for home blood glucose testing

Gluco-Rx Lancets 0.31mm/30G

£4.50 for 200 lancets. Lancing pen included with every box.

Agamatrix Comfort Twist 0.32mm/30G

£5.38 for 200 lancets.

Second line choice for universal lancets to be used for home blood glucose testing

Agamatrix Ultra-Thin 0.35mm/28G or 0.20mm/33G

£5.46 for 200 lancets

Safety Lancets

Safety lancets are considerably more expensive than standard lancets; they should only be prescribed for patients who are unable to self-test and require assistance from a healthcare worker to obtain a blood sample. They should not be prescribed for patients who self-test.

First line choice for safety lancets

Neon Verifine Safety

£2.99 for 100. Available sizes are: 28G x 1.8mm & 30G x 1.8mm

Second line choice for safety lancets

GlucoRx Safety

£5.50 for 100. Available sizes are: 2.2mm/23G, 1.8mm/26G, 1.8mm/28G, & 1.6mm/30G

Further good practice points

- All lancets are for single use only.
- Sharps should be disposed of in a sharps disposal box, or some people prefer to use a clipper, which then itself needs to be disposed of in a sharps disposal box.
- Ensure patients are educated about the safe disposal of lancets via a sharps disposal box.
- Sharpsguard yellow one litre (87p per container) / Sharpsafe yellow one litre (£1.13 per container) are suitable lancets and are available on FP10. Needle clipping devices are prescribable at a cost of £1.61.
- Patients should register with the council for sharps collection via [their website](#) or by calling 0300 1234 141.